

Vocabulary Books

Sports and Exercise

Vocabulary books help teach children words for common objects and how to use those words in sentences.

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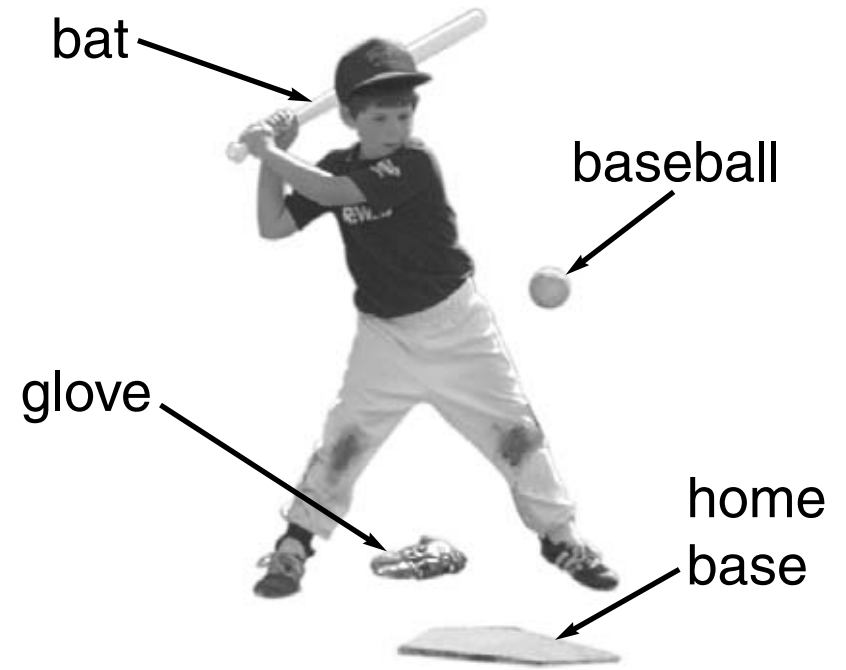
Sports and Exercise



Written by Lisa Ing

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Baseball

After school I play baseball.

I catch the ball with my glove.

I stand at home base and

pick up the bat with both hands.

I swing and hit the baseball hard.

Home run!

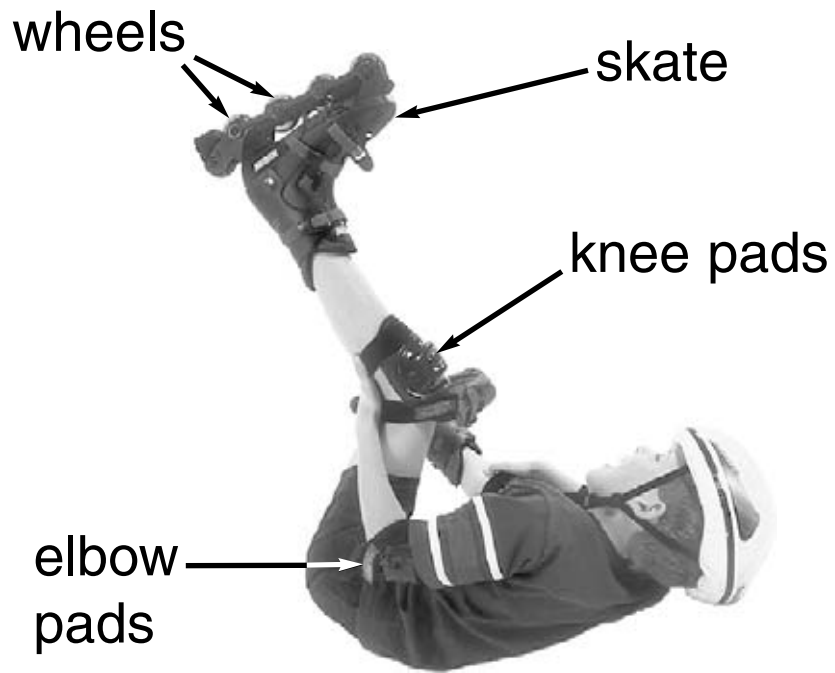
Sports and Exercise
A Vocabulary Book
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Learning Page
1630 E. River Road #121
Tucson, AZ 85718

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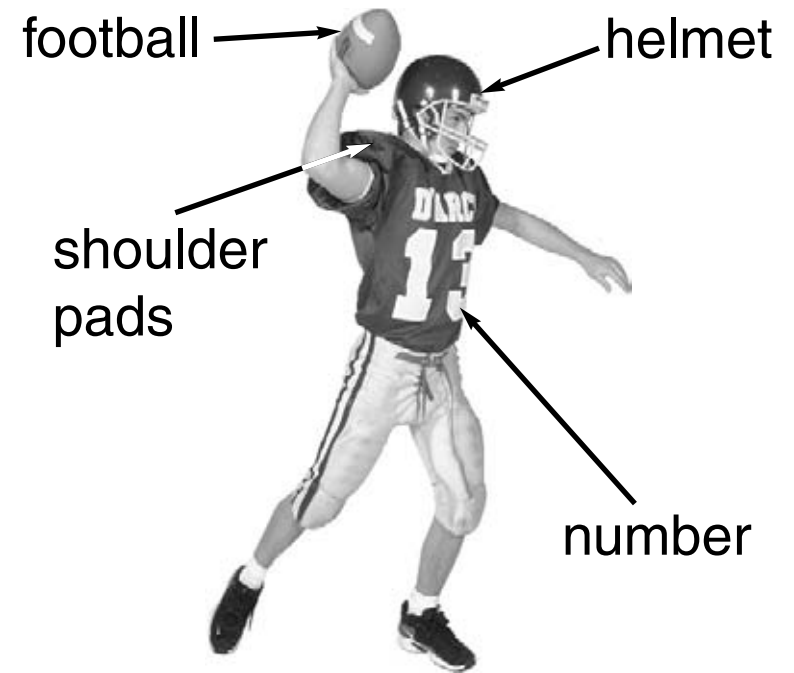
Inline Skating (Rollerblading)

I like to go rollerblading.

I put knee pads on my knees
and elbow pads on my elbows.

I strap my skates onto my feet.

Each of my skates has four wheels,
all in a line.



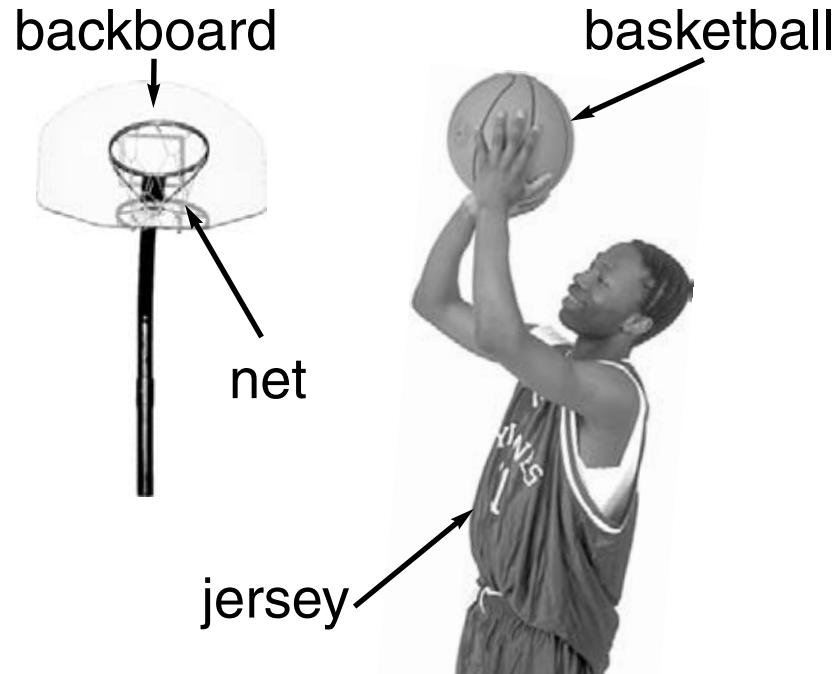
Football (American)

I throw the football to my team,
and we run down the field.

I wear a helmet and shoulder pads
to protect my head and shoulders.

The number on my shirt tells people
who I am from far away.

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Basketball

When I play basketball, I wear a jersey with a number on it.

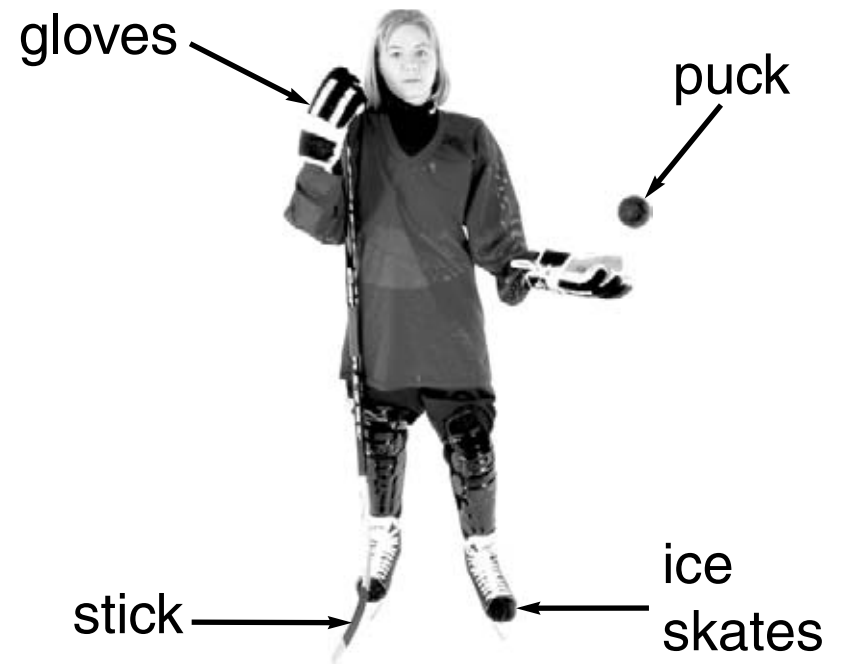
I throw the basketball.

It bounces off the backboard.

It falls through the net.

Score!

4



Ice Hockey

I play ice hockey indoors.

I wear gloves because it is cold.

My ice skates let me move fast.

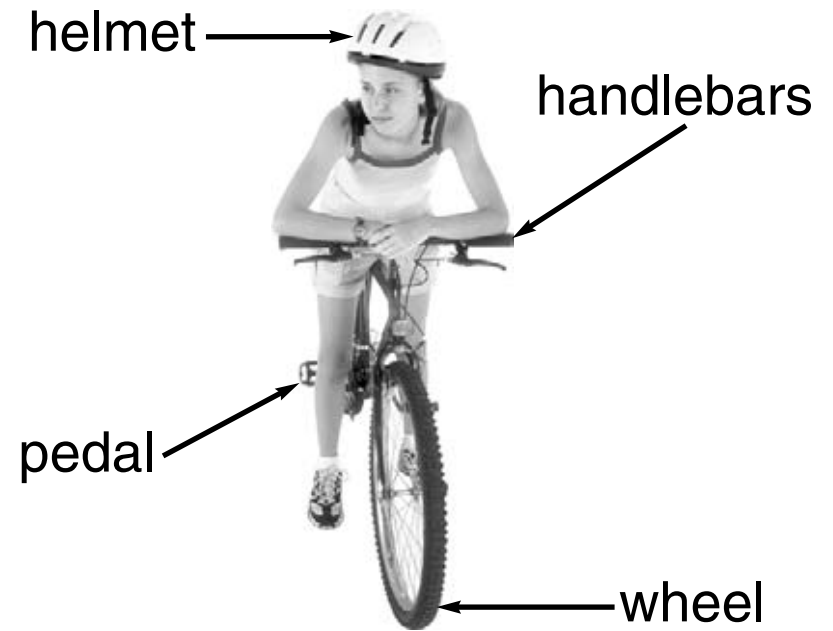
I hit the round, black puck with the wooden hockey stick.

It shoots right into the goal.



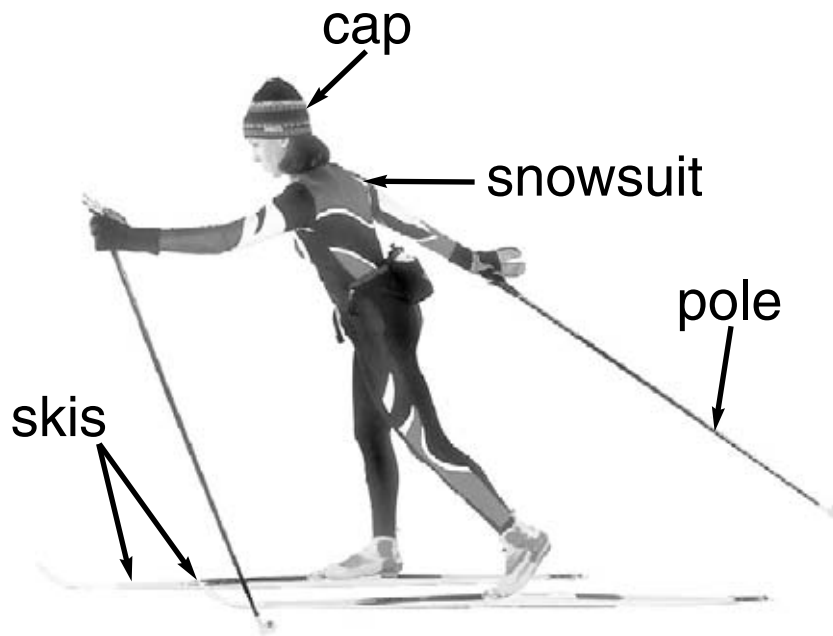
Soccer (Football)

When I play soccer,
 I cannot use my hands.
 I kick the ball with my feet.
 I wear socks and shoes on my feet.
 I wear shorts so I can run fast.
 I kick the ball across the field.



Riding a Bike

Before I go out riding,
 I always put on my helmet.
 My bike has two wheels.
 I push the pedals to move faster.
 I turn to the left and right
 by moving the handlebars.



Cross Country Skiing

I go skiing in the winter.

I like to ski very far.

I push off with two long poles.

I slide on top of the snow.

I wear a cap on my head
and a snowsuit to keep warm.

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